

## Our Team...

Collectively our staff team has a wealth of diverse experience, including counselling, community development, families and children, mental health/drug use and working with indigenous clients.

## Where you can find us...



### Palmerston Perth

134 Palmerston Street, Perth WA 6000  
PO Box 80 Northbridge WA 6865  
Tel: (08) 9328 7355 Fax: (08) 9227 9158  
Email: admin@palmerston.org.au

### Palmerston Therapeutic Community

Contact Palmerston Perth

## Where you can find Palmerston...

### SOUTH METRO COMMUNITY DRUG SERVICE

#### Palmerston Fremantle

Level 3, 22 Queen Street, Fremantle WA 6168  
PO Box 1460 Fremantle WA 6959  
Tel: (08) 9430 5966 Fax: (08) 9335 3071  
Email: fremantle@palmerston.org.au

#### Palmerston Rockingham

Unit 3, 3 Goddard Street, Rockingham WA 6168  
PO Box 105 Rockingham WA 6968  
Tel: (08) 9529 2500 Fax: (08) 9529 1511  
Email: rockingham@palmerston.org.au

#### Palmerston Mandurah

22 Tuckey Street, Mandurah WA 6210  
PO Box 904 Mandurah WA 6210  
Tel: (08) 9581 4010 Fax: (08) 9582 7062  
Email: mandurah@palmerston.org.au

### GREAT SOUTHERN COMMUNITY DRUG SERVICE TEAM

#### Palmerston Albany

Unit 3, 145 Proudlove Parade, Albany WA 6330  
PO Box 5498 Albany WA 6332  
Tel: (08) 9842 8008 Fax: (08) 9842 8719  
Email: albany@palmerston.org.au

#### Palmerston Denmark

Unit 7, 39 Strickland Street, Denmark WA 6333  
Tel: (08) 9848 1491 Fax: (08) 9848 1493  
Email: albany@palmerston.org.au

#### Palmerston Katanning

4 Cliff Street, Katanning WA 6317  
Tel: (08) 9821 8306 Fax: (08) 9821 8309  
Email: albany@palmerston.org.au

#### Palmerston Mount Barker

54 Langton Road, Mount Barker WA 6324  
Tel: (08) 9851 1603 Fax: (08) 9851 1971  
Email: albany@palmerston.org.au

#### Palmerston Corporate Services

Unit 3, 73 Hay St, Subiaco WA 6008  
PO Box 8241 Subiaco East WA 6008  
Tel: (08) 9287 5400 Fax: (08) 6380 1376  
Email: mail@palmerston.org.au



# Palmerston Perth

## Community AOD Support Services

[www.palmerston.org.au](http://www.palmerston.org.au)

**Palmerston Association Inc was established in 1980 as a rehabilitation service for illicit drug users. Today, Palmerston's services extend to people whose lives are affected by alcohol, drug and substance use and support to families and friends.**

## **Services Offered...**

- alcohol and drug counselling
- day and evening counselling services
- family support counselling service
- assessment, counselling and support services for court diversion clients
- group support, educational and therapeutic programs
- comprehensive assessment for the Palmerston residential Therapeutic Community
- after care support to clients who have participated in the Therapeutic Community
- working with culturally, linguistically, diverse clients (CALD)
- AOD community education services
- collaboration with Indigenous services to improve accessibility to the Therapeutic Community



## **Community Services...**

Palmerston Perth offers a wide range of services to the community.

### **Family Program:**

The family program provides opportunities for individual and group counselling for families and friends affected by drug or alcohol use. Families receive peer support and are offered information and techniques to improve communication skills and coping strategies.

### **Counselling Services:**

- alcohol and other drugs counselling
- day and evening sessions

### **Court Diversion Program:**

The diversion program is designed to assist clients who are involved in the court system and Drug Court.

The diversion program offers:

- court information and support
- group counselling for individuals on the Drug Court program
- internal and external referrals
- referrals to court diversion programs
- assistance for diversion clients wishing to enter the Therapeutic Community

## **Palmerston's Residential Therapeutic Community...**

Palmerston Perth supports and works closely with the Therapeutic Community. The primary goal of the Therapeutic Community is to create a safe residential environment that empowers individuals to make positive changes in relation to problems caused by alcohol and other drug use. This process is supported by a dedicated and diverse staff team.

### **Assessment for entry into the Therapeutic Community Program:**

- weekly information sessions for clients about the Therapeutic Community
- group and individual counselling to support clients as they await entry to the Therapeutic Community
- specific support to clients and services in rural, regional and remote areas considering the Therapeutic Community
- formal assessment

### **Aftercare:**

- group and individual counselling for clients who have left the residential Therapeutic Community
- social events at the Therapeutic Community so that clients can continue to maintain connection with the Therapeutic Community whilst readjusting to life in the wider community
- practical support with welfare issues, such as housing, employment and training